

GENERAL INFORMATION

The 36th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, CO.

Each year this internationally recognized symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. Over 800 participants attended the 2009 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provide attendees each year are truly exceptional.

SYMPOSIUM PURPOSE AND CORE LEARNING OBJECTIVES

The purpose of the 36th annual winter symposium includes improving physician and health professional advanced diagnostic/assessment and treatment knowledge and skills specific to the addictive disorders as well as a broad spectrum of mental health and behavioral health problems. Attendees will be able to identify 5 or more essential evidenced based diagnostic features as well as 5 or more evidenced based treatment interventions (including psychotropic medications, psychotherapies, psychosocial treatments, EMDR, DBT, and self-help care) for persons manifesting alcohol dependence, PTSD, disabilities, eating disorders, co-morbid disorders, and other disorders included in the educational program.

Colorado Springs, CO

This exciting and booming city is located 60 miles south of Denver. Our great airport makes Colorado Springs easy to reach! The climate, scenery, recreational opportunities and Pikes Peak make Colorado Springs an exceptional setting for the 36th annual symposium.

Symposium attendees can enjoy a visit to Pikes Peak, Garden of the Gods, Cave of the Winds, U.S. Air Force Academy, U.S. Olympic Training Complex, Cripple Creek, and other unique sites during their stay in Colorado Springs. Skiing is only two hours away! Make the Symposium a fun and relaxing learning experience.



THE SYMPOSIUM SCHEDULE



WEDNESDAY, JANUARY 27, 2010

10:00-12:00pm **EARLY ARRIVER BONUS**

SESSIONS

A Self-Disclosure in Psychotherapy and Recovery – Gary G. Forrest, EdD, PhD

B Tailoring Substance Abuse Treatment to Adolescent Needs – Matt Meier, PsyD, HSP-P, L CAS

C New Developments in Counseling Persons with Disabilities: Successful Treatment Strategies – Anthony R. White, PhD, CRC, E. David Martin, Jr. PhD, Tim Gust, PhD and Dave Schaad, MS

12:30-2:00pm **REGISTRATION**

2:00-5:00pm **EXHIBIT HALL AND BOOK STORE OPEN**

1:45-2:00pm **SESSION I**

Welcome and Opening Remarks – Gary G. Forrest, EdD, PhD and Staff

2:00-3:30pm **A** Keynote I: Impaired Professionals: Care for Caregivers – Omar S. Manejwala, MD

3:30-3:45pm **SOCIAL BREAK**
Exhibit Hall

3:45-5:15pm **SESSION II**

A PTSD, Substance Abuse & Violent Behavior – Thomas L. Jewitt, MD

B Addicted to Drugs and Drama: DBT and Addictions Care – Phil Bender-Stone, LCSW

C Crisis Intervention with Suicidal Patients – Barry J. Koch, PhD, LCSW

6:15-7:30pm **OPENING NIGHT RECEPTION**
All attendees invited! – Exhibit Hall

7:30-9:00pm **SESSION III**

A Ethics Forum: Rural Practice Guidelines – Jan Schaad, LCSW



THE SYMPOSIUM SCHEDULE



B When Behavior Management Makes it Worse: Working with Children Affected by Prenatal Drugs and Alcohol – Eileen B. Bisgard, JD

C Psychodrama Interventions For Your Practice – Bill Wysong, MA, LPC, EMDR-II, TEP

9:00-9:50pm **OPEN AA/SELF HELP RECOVERY GROUP**

THURSDAY, JANUARY 28, 2010

8:00am **EXHIBIT HALL AND BOOK STORE OPEN**

8:00- 9:00am **REGISTRATION OPENS**

8:30- 8:45am **SESSION IV WELCOME & OPENING REMARKS** – Gary G. Forrest, EdD, PhD and Staff

8:45-10:15am **A** Keynote II: Genetics of Alcoholism and Addictive Disease – John L. Fleming, MD

B Effects of Combat Stress and Trauma – Sr. Kateri M. Koverman, SC, MSW, LISW, LICDC

C Evidence-Based Integrated Out-Patient Treatment of Co-Occurring Disorders – Matt Meier, PsyD, HSP-P, LCAS

D Innovation, Avatars & Virtual Counseling – Dick Dillon

10:15-10:30am **SOCIAL BREAK** Exhibit Hall

10:30-12:00pm **SESSION V**

A The Diagnosis and Treatment of Eating Disorders in Patients with Substance Use Disorders – Kevin R. Wandler, MD and Dena Cabrera, PsyD

B Combat, Operational Stress Injuries and Resilience – Sr. Kateri M. Koverman, SC, MSW, LISW, LICDC (cont.)

C Experiential Treatment for Juvenile Sexual Offenders: An Innovative Model Utilizing a Challenge Course – Carl C. Blake, III, PsyD, LPC

D Health Professionals in Court: Ethics, Subpoenas and Testimony – Thomas Gray, PhD, ABPP and Mike Wilbourn, PsyD

12:10-1:20pm **SYMPOSIUM LUNCHEON PRESENTATION OR LUNCH** (on your own)

The Attack on Methamphetamine Abuse – John W. Suthers, JD, Colorado Attorney General
* Please pre-register by Wed., Jan. 27, 3:30PM, Room TBA, 1 CEU. Please check at Symposium Registration Center.

1:30-3:00pm **SESSION VI**

A Keynote III: Music as a Tool for Developing Cultural Awareness and Understanding – S. Patrick Haggerson, MA, CAC-II, ICAD

B Individualized and Necessary Pre-Training for Patients Preparing for PTSD Treatment – Larry E. Shores, MD, Charles H. Dukes, MDiv, MD, M. Mark Wexler, PhD, Rosemarie G. Hall-Heyduck, PsyD, LMFT, CACIII and A. Elaine Crnkovic, PhD, CEO

C EMDR, Trauma and Disabilities Care – Jan Schaad, LCSW

D Self-Deception in Therapy – James J. Ungvarsky, PsyD, MPA

3:15 - 3:30pm **SOCIAL BREAK** Exhibit Hall

3:30 - 5:30pm **SESSION VII**

A Helping Children From Addicted Families: The Betty Ford Children's Program – David W. Meggit

B DBT Meets The 12 Steps – Bari K. Platter, RN, MS, CNS and Osvaldo ("Oz") Cabral, MA, CACIII

C On-line Therapy – Jolene Nichols, MS and Ken Gregoire, PhD

D The Power of Choice – Frank E. Dunn, MA, LPC, RTC, CAC III



THE SYMPOSIUM SCHEDULE



7:30-9:00pm **SESSION VIII**

A The Art of Psychotherapy: Clinical Practice Pearls – Elliot S. Cohen, MD

B Social Media Marketing for Behavioral Health Providers: Finding Your Way in the World of Tweets, Blogs and Vids – Bob Ferguson, BS

C Structural Family Intervention Techniques – Mara Lehnert and Howie Madigan

FRIDAY, JANUARY 29, 2010

7:45- 8:45am **“EYE OPENER” BONUS SESSION**

A Relapse, Slips and “Falling Off the Wagon:” Stages of Recovery and the Relapse Process – John Shotts, CAC III, NCAC II, AAPS

8:00- 3:30pm **EXHIBIT HALL AND BOOK STORE OPEN**

8:45- 10:15am **SESSION IX**

A Keynote IV: Conflict Resolution for Recovery and Relapse Prevention – Cynthia Moreno-Tuohy, BSW, NCAC II, CCDC III, SAP

B From PTSD to Post Traumatic Growth: Toward the Development of a Comprehensive Approach for Treatment – Charles H. Dukes, MDiv, MD

C Court-Based Treatment for Antisocial Adolescent Substance Abusers – Matt Meier, PsyD, HSP-P, LCAS

D Prescription Sleep Aids: Managing Use, Abuse and Dependence on Sleeping Pills – Robert N. Gildewell, PsyD, CBSM

10:15-10:30am **SOCIAL BREAK**
Exhibit Hall

10:30-12:00pm **SESSION X**

A Keynote V: Suicide Assessment and Prevention: It Takes a Village – Kevin R. Wandler, MD

B Substance Abuse, Seizures and Neurological Disorders – Thomas Jewitt, MD

C Physical and Psychosocial Impact of Anabolic Steroids and Supplements – Robert E. Banks, PhD

D Integrated Offender Community Transition – Todd Helvig, PhD

12:00-1:15pm **LUNCH** (on your own)

1:15-3:15pm **SESSION XI**

A Keynote VI: Nicotine Cessation Interventions in Chemical Dependency Treatment Settings – Libby Stuyt, MD

B Use of the Internet for Delivering Psychological Treatments – Lee M. Ritterband, PhD

C Psychotherapy of Addictions – Gary G. Forrest, EdD, PhD

D Quality of Life in Recovery – Tim Gust, PhD

3:30-5:00pm **SESSION XII**

A The Spiritual Process of Healing Addictions: A Therapist’s Guide to 12-Step Recovery – Michael T. Dinneen, LCSW, CAC III

B Internet Intervention for Adult Insomnia – Lee M. Ritterband, PhD

C Working Toward Enlightenment in the Dark: Sexual Wellness for People with Developmental Disabilities – Jan Schaad, LCSW and Lisa M. Bunning, AA, BS, MA (cand.)

D End of Life Counseling, Psychotherapy of the Dead and other 21st Century Health Care Innovations – Dick Dillon, Thomas L. Jewitt, MD and Dave “Cleve” Schaad, MS

5:00-5:30pm **EDUCATIONAL SUMMARY & FINAL COURSE WRAP-UP**

Gary G. Forrest, EdD, PhD and Staff

