

GENERAL INFORMATION

The 35th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, CO.

Each year this internationally recognized symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. Over 800 participants attended the 2008 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provide attendees each year are truly exceptional.

SYMPOSIUM PURPOSE AND OBJECTIVES

The purpose and objectives of the 35th annual winter symposium include improving physician and health professional advanced diagnostic/assessment and treatment knowledge, skills and expertise specific to the addictive disorders as well as a broad spectrum of mental health and behavioral health problems.

Colorado Springs, CO

This exciting and booming city is located 60 miles south of Denver. Our great new airport makes Colorado Springs easy to reach! The climate, scenery, recreational opportunities and Pikes Peak make Colorado Springs an exceptional setting for the 35th annual symposium.

Symposium attendees may want to visit Pikes Peak, Garden of the Gods, Cave of the Winds, U.S. Air Force Academy, U.S. Olympic Training Complex, Cripple Creek, and other unique sites during their stay in Colorado Springs. Skiing is only two hours away! Make the Symposium a fun and relaxing learning experience.

THE SYMPOSIUM SCHEDULE

WEDNESDAY, JANUARY 28, 2009

10:30-12pm **EARLY ARRIVER BONUS SESSIONS**

A Pain Management 101 – Kevin Wandler, MD

B Hidden Impact: Identifying Non-Apparent Disabilities in Correctional Populations – Shannon Trievweiler, MS

C Is Abstinence Really the Goal in Early Recovery – Bob Ferguson, BS

12:30-2:00pm **REGISTRATION**

2:00-5:00pm **EXHIBIT HALL AND BOOK STORE OPEN**

2:00-5:00pm **SESSION I**

A Rehabilitation Counseling, Substance Abuse and Disabilities – Anthony R. White, PhD, CRC, Tim Gust, PhD, Dave Schaad, MS and Staff

B Alcohol Dependence and Alcohol Use Disorders: Etiology, Differential Diagnosis and Treatments – Gary G. Forrest, EdD, PhD

C Psychopharmacology Update – Thomas L. Jewitt, MD

7:00-8:30pm **SESSION I (cont.)**

A Tobacco Use in Chemically Dependent Patients: Implications for Treatment and Recovery – Libby Stuyt, MD

B Spirituality and Mental Health – Christopher R. Keith, BS, MDiv.

C The ACME Model; Addiction Case Management Examined – Brad Osborn, CAC III

THURSDAY, JANUARY 29, 2009

8:00am **EXHIBIT HALL AND BOOK STORE OPEN**

8:00- 9:00am **REGISTRATION OPENS**

9:00- 9:15am **SESSION II**

WELCOME & OPENING REMARKS – Gary G. Forrest, EdD, PhD and Staff

9:15-10:30am **A** Keynote I: Understanding, Assessing and Treating Complex PTSD and Addiction – Jerry A. Boriskin, PhD, CAS

THE SYMPOSIUM SCHEDULE

10:30-10:45am **SOCIAL BREAK**
Exhibit Hall

10:45-12:00pm **SESSION III**

A Keynote I: Jerry A. Boriskin,
PhD, CAS (cont.)

B Voices in Near Death Experience—Mitchell B. Liester, MD, PC

C Sex in Recovery—Jack Mumey,
MA, MAC, CAC III

12:00-1:30pm **LUNCH** (on your own)

1:30-3:00pm **SESSION IV**

A Keynote II: The Difficult Patient
—Bruce Carruth, PhD, LCSW

B TBI, PTSD and Comorbid
Substance Abuse: Assessment
and Care Strategies —Thomas
L. Jewitt, MD

C Understanding Addiction and
Recovery Through a Child's
Eyes —David W. Meggitt

3:00 - 3:15pm **SOCIAL BREAK**
Exhibit Hall

3:15 - 5:15pm **SESSION V**

A Keynote: Bruce Carruth, PhD,
LCSW (cont.)

B Motivational Strategies in the
Treatment of Gambling Disor-
ders — Michele Packard, PhD

C David W. Meggitt (cont.)

D Ethics Update: Dual Relation-
ships and Practice Specialties/
Scope of Practice — Jan Shaad,
LCSW

6:00-7:30pm **OPENING NIGHT RECEPTION**
**Co-hosted by Psychotherapy
Associates PC and the Crowne
Plaza Hotel**

- All attendees are invited
- Exhibit Hall

7:45-9:15pm **SESSION VI**

A Bi-Polar Disorder: The Roller
Coaster of Life — Elliot S. Co-
hen, MD

B From Coffee to Chocolate: How
Cross Addictions and Food
Intolerances Impact Recovery
— Martha Rosenau, BS, RD

C A Junigan Perspective on Ad-
diction: Living at the Mercy of
the Gods — Stephen K. Witty,
PhD

FRIDAY, JANUARY 30, 2009

7:45-8:45am **"EYE OPENER" BONUS SESSION**
A Twelve Step Programs: 101 –
John Shotts, CAC III, NCAC II

8:00-5:30pm **EXHIBIT HALL AND
BOOK STORE OPEN**

9:00-10:30am **SESSION VII**

A Integrating Spirituality, Faith-
Based and Traditional Eating
Disorder Treatments – Dena
Cabrera, PsyD and Travis
Stewart, LPC, MATS

B Infidelity and Betrayal: Un-
derstanding, Assessing and
Treating Sex and Porn Addicts
– Robert Weiss, LCSW, CSAT

C Bi-Polar Disorder, Major
Psychiatric Disorders and
Substance Abuse: Treatment
Update —John L. Fleming,
MD

10:30-10:45am **SOCIAL BREAK**
Exhibit Hall

10:45-12:00pm **SESSION VIII**

A Dena Cabrera, PsyD and Travis
Stewart, LPC, MATS (cont.)

B Robert Weiss, LCSW, CSAT
(cont.)

C EMO Teens: Worshiping
Depression and Celebrating
Self-harm — David Brown PhD,
LPC, LAC

D Anabolic Steroids and Per-
formance Enhancing Drugs
– Robert E. Banks, PhD

12:00-1:45pm **SYMPOSIUM LUNCHEON
PRESENTATION**

Self Care for Behavioral Health
Professionals — Dick Dillon

**Please pre-register by Thurs.,
January 29, 3:30pm, Room
TBA, 1 CEU.*

1:45-3:00pm **SESSION IX**

A Dena Cabrera, PsyD and Travis
Stewart, LPC, MATS (cont.)

B DBT Integrated Care Model for
Adolescent Substance Abusers
– Linda Kumley, MC, LPC,
CAC III

THE SYMPOSIUM SCHEDULE

<p>C Psychotherapy of Anxiety Disorders – Larry E. Wellman, EdD</p> <p>D EMDR in the Treatment of Anxiety Disorders, PTSD and Trauma – Jan Schaad, LCSW</p> <p>3:00-3:15pm SOCIAL BREAK Exhibit Hall</p> <p>3:15-5:00pm SESSION X</p> <p>A Prescription Drug Abuse – Charles Shuman, MD</p> <p>B Sleep and Alcoholism: The Role of Sleep in the Development, Maintenance, and Relapse of Alcohol Use Disorders – Robert N. Glidewell, PsyD, CBSM</p> <p>C Motown, Mozart and Mood: Connecting with the Soundtrack of Your Life – Molly Lord</p> <p>D Structural Family Intervention Strategies – Mara Lehnert and Howie Madigan</p> <p>7:30-9:00pm SESSION XI</p> <div style="border: 1px solid black; padding: 5px;"> <p>A Keynote III: Can We Talk? Working With Addictions and Multicultural Issues: Seeing Others More Clearly by Look at Yourself – Mark S. Benn, PsyD</p> </div> <p>9:15pm-? OPEN AA / SELF HELP RECOVERY GROUP (Open Meeting)</p>	<p>B Psychological Trauma and Addiction Recovery – Bruce Carruth, PhD, LCSW</p> <p>C Management of Substance Use Related Psychosis – Thomas L. Jewitt, MD</p> <p>D Violent Juvenile Offenders: Assessment and Treatment Strategies – Birget Fisher, PhD</p> <p>10:30-10:45am SOCIAL BREAK Exhibit Hall</p> <p>10:45-12:00pm SESSION XIII</p> <div style="border: 1px solid black; padding: 5px;"> <p>A Keynote: Robert E. Wubbolding, EdD (cont.)</p> </div> <p>B Bruce Carruth, PhD, LCSW (cont.)</p> <p>C Rebuilding a Positive Quality of Life – Tim Gust, PhD</p> <p>D Counseling 3.0: Exploring a Brave New “Virtual” World – Dick Dillon</p> <p>12:00-1:15pm LUNCH (on your own)</p> <p>12:30pm EXHIBIT HALL AND BOOK STORE CLOSED</p> <p>1:15-3:15pm SESSION XIV</p> <p>A Robert E. Wubbolding, EdD (cont.)</p> <p>B Eating Disorders: How to Accept Yourself, Heal Your Suffering, and Reclaim Your Life – Teresa J. Marshall, PhD</p> <p>C Keeping the Tools Sharp – Caterina Spinaris, PhD, LPC</p> <p>D Resources, Outcomes and Successful Treatment for People with Disabilities – Dave Schaad, MS</p>
<p>SATURDAY, JANUARY 31, 2009</p>	
<p>8:00am EXHIBIT HALL OPENS AND BOOK STORE</p> <p>11:30am EXHIBITS CLOSE</p> <p>9:00-10:30am SESSION XII</p> <div style="border: 1px solid black; padding: 5px;"> <p>A Keynote IV: The WDE System of Reality Therapy in Pretreatment, Middle and Advanced Stages of Recovery: Practical, No-nonsense Counseling and Therapy – Robert E. Wubbolding, EdD</p> </div>	<p>3:30-4:15pm CLOSING REMARKS AND REFLECTIONS</p> <p>A Gary G. Forrest, EdD, PhD, Staff and Attendees</p> <div style="border: 1px solid black; padding: 5px;"> <p>6:30pm-? 35TH ANNUAL SYMPOSIUM CELEBRATION DINNER AND EVENING EVENTS Location and Events TBA.</p> </div>